



What is a Junior Development Centre?

A Junior Development Centre (JDC) is a local training centre for the U13 to U17 age groups. JDCs are open to any hockey player who has been nominated by their club, school or coach. After playing for a club or school, attending a JDC is the next step on hockey's Player Pathway. The coach or teacher can nominate a player to attend an assessment for a JDC if and when they think it is appropriate for the player's development.



What happens at a JDC?

A JDC will provide regular training sessions where players will receive coaching on the core skills of hockey from appropriately qualified coaches. As well as training, there will be competition between local JDCs. Initially, the type, level and frequency of localised competition may vary across the country as the Single System is still at the early stages of implementation.

The combination of training and competition allows players to develop in a variety of situations and ensures that they are assessed in more than just the competition environment.



Where and when are the JDCs?

Players will attend whichever JDC is closest to where they live (or in the case of boarding pupils, where they attend school). There will be a minimum of two JDCs in every county. Pilot activity is being run in 2008/09, but from 2009/10 JDCs will run from September to December. Information about the location of JDCs is available from clubs, schools, your County Association or England Hockey Regional Office and at www.englishockey.co.uk/jdclocations.



Who organises the JDCs?

JDCs will be run by County Hockey Associations or Hockey Development Groups, who will appoint coaches and managers/administrators to organise and run all activity. The manager/administrator will be the main contact regarding nominations, dates and times of the sessions and the coaches will be responsible for the training and competition.



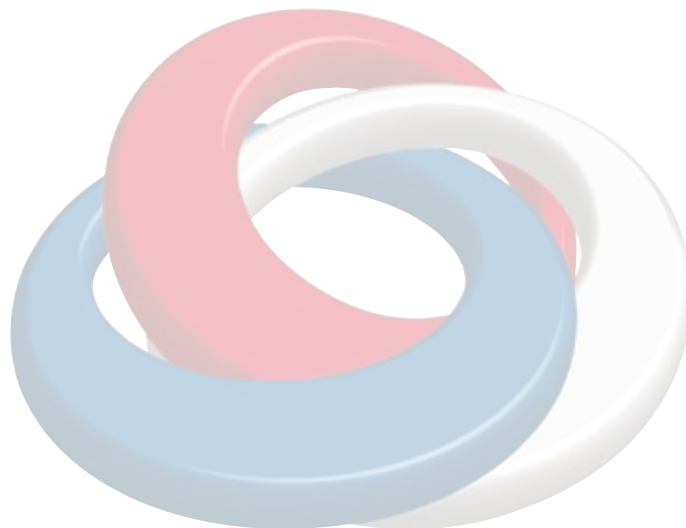
Is there a cost to attend a JDC?

A fee will be charged for attending training sessions and competitions.



What is the next step on the U18 Player Pathway?

Following JDC training and competition, JDC coaches will nominate players to attend Junior Academy Centre (JAC) assessment. During 2008/09, the timing of JAC activity will vary, but from the 2009/10 season JACs will run from January to April. For more information on JACs, please refer to the JAC leaflet in this series or visit www.englishockey.co.uk/jac.



Other leaflets available in this series:

- ★ The Single System – What's it all about?
- ★ **Junior Development Centres (JDCs)**
- ★ Junior Academy Centres (JACs)
- ★ Junior Regional Performance Centres (JRPCs)
- ★ High Performance Assessment Camps (HiPACS)
- ★ Futures Cup (EHFC)
- ★ National Age Group Squads (NAGS)
- ★ National Performance Centres (NPCs)

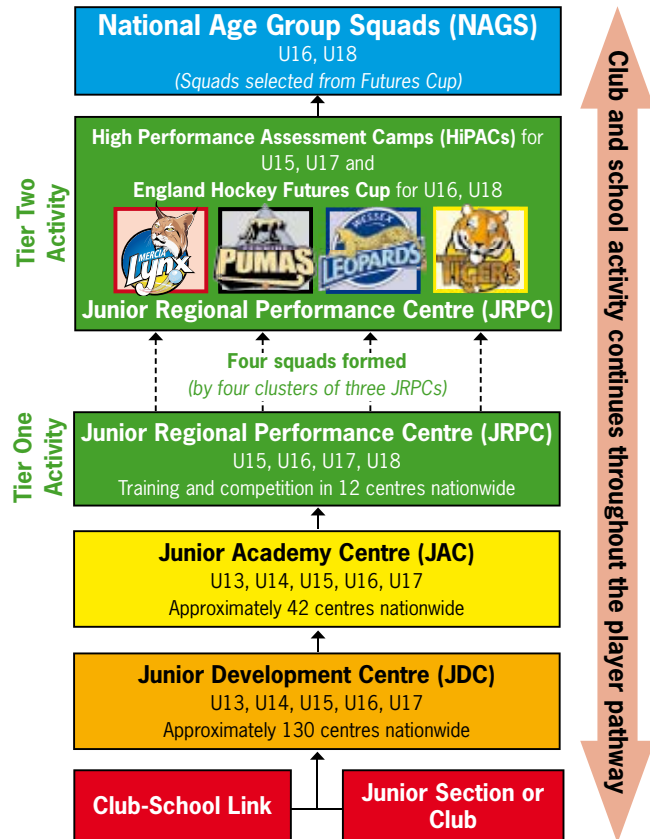
You can either download the guides from the website at www.englishockey.co.uk/singlesystem or contact your England Hockey Regional Office.

Do you still have unanswered questions?

If you are still unclear about any element of the Single System for hockey, don't stay in the dark. Please contact your England Hockey Regional Office who will be happy to answer your questions, or put you in touch with the relevant people. Contact details for your Regional Office can be found on the back of this leaflet.

Useful Information

Under 18 Player Pathway



Which Age Group?

Birth Year	2008-09	2009-10	2010-11
1991	Under 18s		
1992	Under 17s	Under 18s	
1993	Under 16s	Under 17s	Under 18s
1994	Under 15s	Under 16s	Under 17s
1995	Under 14s	Under 15s	Under 16s
1996	Under 13s	Under 14s	Under 15s
1997		Under 13s	Under 14s
1998			Under 13s



A guide to the acronyms

JDC	Junior Development Centre	NPC	National Performance Centre
JAC	Junior Academy Centre	CCC	Centrally Contracted Coach
JRPC	Junior Regional Performance Centre	NAGS	National Age Group Squads
HiPAC	High Performance Assessment Camp	EHFC	England Hockey Futures Cup

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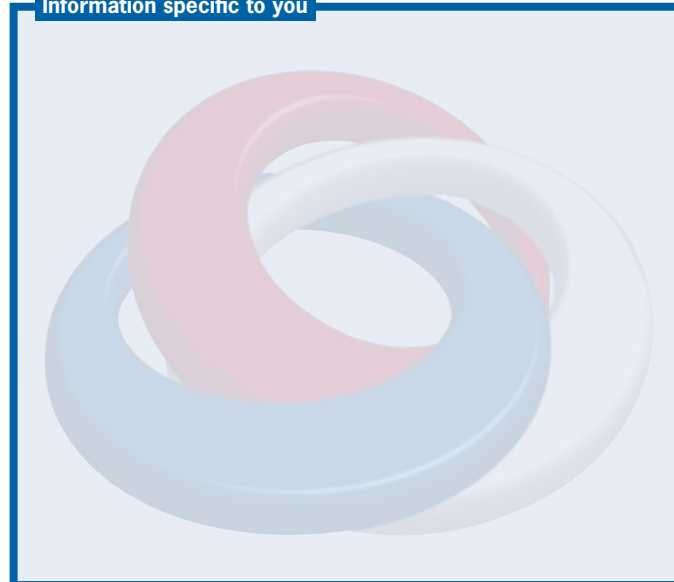
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Information specific to you



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...Your guide to...

Junior Development Centres (JDCs)



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SINGLE SYSTEM
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www.Englandhockey.co.uk/jdc

